



Willamette View offers professional rehab services in skilled care, the therapy department, or in a resident's home on campus... residents do not have to travel offsite to access physician-ordered therapy services. Physical Therapy, Occupational, and Speech Language Pathology provide individuals the ability to maintain a healthy, active lifestyle.

When can Physical, Occupational, and Speech Therapy Help?

Physical Therapists (PTs) are experts in restoring lost movement and function resulting from an injury or illness. PTs work with individuals on:

- Strength
- Balance and fall-risk reduction
- Pain that prevents full mobility
- Restoring lost movement
- Recovering from incidents and accidents
- Exercise and the aging athlete

Occupational Therapists (OTs) work with individuals on the activities that occupy their time:

- Mobility needed for functional tasks, such as kitchen activities or dressing
- Energy conservation so you can spend your energy where it counts
- Muscle, strength, and joint range of motion to regain self-care ability
- Logical thought processes for movement and activity planning, sensation, vision
- Dressing, grooming, hygiene, meal preparations, other household tasks

Speech Language Pathologists (SLPs) help those who have communication disorders resulting from illness or injury:

- Language ability and cognitive retraining
- Alternative communication strategies
- Swallowing ability and diet textures when swallowing is a problem



**Willamette View
Therapy Department**
is located in the
Wellness Center
13169 SE River Road
Portland, Oregon.

